



*Silver Gate Yacht Club*  
*Junior Sailing*

## **Winter/Spring Sailing Program 2018**

The Junior Sailing Program at Silver Gate Yacht Club ["SGYC JS"] is supported by the Silver Gate Yacht Club Foundation, a 501-C3 non-profit organization intended to sponsor non-profit and charitable events at the club.

SGYC JS supplements our summer program with a series of weekend sailing opportunities during the fall, winter and spring months. These Sunday sailing sessions offer our juniors an opportunity to refine the skills they learned during the summer or just enjoy a leisurely time on the water with old friends and new. These fall/winter/spring programs are intended for sailors with at least one week of summer instruction in our program or another similar youth sailing instruction program.

**NOTE:** This is not a learn-to-sail program for first-time beginners. Participants must have prior experience with our program or approval from the Director.



We have a fleet of Lasers, Club Flying Juniors (CFJ's), Sabots, as well as the exciting and super popular O'Pen BIC boats for the Juniors to use. The Juniors will also have the opportunity to sail a Hunter 216 sloop under a coaches supervision.

**DATES:** Our Winter-Spring Program begins on Sunday February 25<sup>th</sup>, and will run through May on the following dates:



- February 25<sup>th</sup>
- March 11<sup>th</sup>
- March 25<sup>th</sup>
- April 8<sup>th</sup>
- April 29<sup>th</sup>
- May 6<sup>th</sup>
- May 20<sup>th</sup>

Our Sunday Sailing Series runs from 9:00 to 3:00 p.m. Most of the time is spent on the water. Sailors return to the docks for a lunch break. Juniors should bring their lunch and any snacks or preferred drinks. SGYC will have plenty of bottled water available.

**COST:** The cost of our 7 session Sunday Sailing Series is \$320.00 for SGYC members and \$360.00 for non-members. Use of SGYC Jr. Sailing fleet of boats is included in the program cost. This program is open to all juniors age 8 to 18 with some prior sailing training, and SGYC membership is not required. **NOTE:** This is not a learn-to-sail program for first-time beginners. Participants must have prior experience with our program or approval from the Director.

**CLOTHING:** Each Junior should bring two sets of clothing including a towel and rubber-soled, closed toe shoes (no sandals or flip-flops). Sailing booties or diving booties are best for sailing. Bathing suits are acceptable in addition to the above items; however the weather can vary dramatically during the fall, winter and spring seasons so sailors should be prepared for colder wet conditions. Thin, non-cotton layers are ideal. All clothes must be in a labeled gym bag or backpack. SGYC has lifejackets available for use, but Juniors are encouraged to supply their own lifejackets (PFD).

Refer to the *Parent Resource Guide* available on our web site for additional helpful information

**HEALTH AND SAFETY:** Each sailor must provide a completed medical consent form. Additionally, sailors who have not participated with us in the past will be required to complete a 25 yard swim test and be able to tread water for 2 minutes. All activities that Juniors participate in will be supervised by certified coaches.



**TRANSPORTATION:** Parents of Juniors must provide their own transportation to and from SGYC. Ample public parking is available across Shelter Island Drive from the club. Juniors are expected to leave the premises by 3:00p.m. and no after hours supervision will be provided. Juniors under the age of 16 must be met by their parents on SGYC property.



***We look forward to seeing you this Winter!!***